



Preparing for the Boards!!

Important Disclaimer

The following PowerPoint Presentation “*Preparing for the Boards*” was developed in 2006 by members of the Junior Fellow College Advisory Council (JFCAC). The JFCAC developed the presentation to assist Junior Fellows when preparing for the American Board of Obstetrics and Gynecology (ABOG) examinations.

Please be advised that this information does not include the requirements as outlined in the ABOG Bulletins, the official documents that specify requirements and processes for certification, maintenance of certification and other functions of the Board.

For exam dates and official requirements please refer to the ABOG site www.ABOG.org

Preparing for the Boards!!

*What you need to know to
prepare and succeed*

Preparing for the Boards

WWW.ABOG.ORG

KNOW IT and USE IT

***AND START LEARNING
THE PROCESS NOW!!***

Preparing for the Boards

- Two Part Process:

Written Exam

Oral Exam

Preparing for the Boards

- **Written Exam**

- *Apply during your Chief year*
- *Written request for application*
- *Taken at end of residency*
- *3 hour and 40 minute examination*
- *Computerized, Multiple choice*

Preparing for the Boards

- Oral Exam

- *2 options for timing*

- *Written request for application*

- *3 hour examination:*

- Gynecology*

- Office Practice*

- Obstetrics*

- *50% case list/50% standardized cases*

Preparing for the Boards

- **Oral Exam – Traditional Track**
 - *Apply beginning year 2*
 - *Collect cases year 2*
 - *Exam during year 3*

July 1, 2006

Finish Residency
General OB/GYN Written Examination

Year - 1

July 1, 2007

Year - 2

REGULAR OPTION
Collect General Case List – July 1, 2007 – June 30, 2008

July 1, 2008

General Oral Examination
Nov 2008 – Jan 2009

July 1, 2009



Preparing for the Boards

- **Oral Exam – Accelerated Track**
 - *Apply beginning year 1*
 - *Collect cases year 1*
 - *Exam during year 2*

Preparing for the Boards

- Oral Exam – Accelerated Track
 - *MUST* pass written exam
 - *Must start practice by September 1st*
 - *Must finish residency by August 31st*
 - *Lottery for only 300 positions*
 - *Request for application must be received by September 15th*
 - *Subspecialty fellows eligible*

July 1, 2006

Finish Residency
General OB/GYN Written Examination

Year - 1

EARLY OPTION
Collect General Case List – July 1, 2006 – June 30, 2007

July 1, 2007

Year - 2

General Oral Exam
Nov 2007 – Jan 2008

July 1, 2008

July 1, 2009



Case List Preparation

- **3 parts of list:**
 - Gynecology*
 - Obstetrics*
 - Office Practice*
- **Cases managed independently over 12 months**
- **Must be inclusive of all cases you managed and were responsible for**
- **Deidentified/ HIPAA compliant**

Case List Preparation

Gynecology

- **Minimum of 20 hospitalized or short-stay cases**
- **Cases put into one of 29 categories**
- **Max of 2 cases /category**
- **Must include all cases you managed**

Case List Information

Gynecology

- **Age**
- **Gravidity**
- **Parity**
- **Admission/Preoperative Diagnosis**
- **Treatment**
- **Surgical Pathology/Diagnosis**
- **Complications**
- **Days in Hospital**

Case List Information

Gynecology

- **Total # of Gynecologic ultrasounds and Color Doppler examinations on hospitalized patients**

Case List Preparation

Gynecology

- **Need uterus weight for Hyst**
- **If insufficient # cases, collect cases for 18 months and/OR may use selected Chief resident cases (fellows)**

Case List Preparation

Obstetrics

- **Minimum of 20 hospitalized or short-stay cases**
- **Cases put into one of 31 categories**
- **Max of 2 cases /category**
- **Must include all cases you managed (some exceptions – see The ABOG Bulletin)**

Case List Preparation

Obstetrics

- **Need maternal length of stay/outcomes**
- **Need infant BW, Apgars, length of stay**
- **If insufficient # cases, collect cases for 18 months and/or may use selected Chief resident cases (fellows)**

Case List Preparation

Office Practice

- **Only need 40 cases (no more/no less)**
- **Cases put into one of 40 categories**
- **Max of 2 cases /category**
- **Cannot use cases from Chief year**

Case List Information

Office Practice

- **Age**
- **Gravidity**
- **Parity**
- **Problem**
- **Diagnostic Procedures**
- **Treatment**
- **Results**
- **Number of Visits**

Case List Information

Office Practice

- **Total # of Ultrasound or Color Doppler evaluations in:**

Obstetric Patients

Gynecologic Patients

***Other areas (Abdominal/Thoracic/
Pediatrics, etc)***

Case List Preparation

General Guidelines

- Prospectively collect cases/outcome data
- Use only approved abbreviations
- Case list software available from ABOG
- Test software in advance
- **BACKUP LIST FREQUENTLY!**

Case List Preparation

General Guidelines

- **Have case list reviewed by colleague (local and distant)**
- **Medical records will need to sign off (allow ample time)**
- **Don't procrastinate!**

Case List Preparation

General Guidelines

- **DO NOT....**
 - **Fabricate cases**
 - **Exclude “bad outcome” cases**
 - **Submit non-de-identified caselist info**
 - **Use non-approved abbreviations**
(See ABOG Bulletin)

Oral Examination

- **Format: 3 - 1 hour sessions for each of the 3 main areas**
- **50/50 case list/standardized cases**
- **2 new examiners for each hour**
- **NO FEEDBACK FROM EXAMINERS**

Oral Examination

Example Format

	<i>30 Minutes</i>	<i>30 Minutes</i>
<i>Hour 1</i>	Gynecology Standardized Cases (2-3)	Gynecology Case List
<i>Hour 2</i>	Obstetric Standardized Cases (2-3)	Obstetric Case List
<i>Hour 3</i>	Office Practice Standardized Cases (2-3)	Office Practice Case List

Preparing for the Boards

- **Be Proactive**
- **Be Aware of Deadlines**
- **Be Prepared**
- **Don't Procrastinate**
- **Don't Stress Out!**